

## **Endless Fear**

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I was afraid.

I was scared to death.

I thought all the feelings were going to come back.

I thought I was going to fall apart all over again.

I faced my fear not because I wanted to,

But because I needed to;

I needed to feel whole.

I needed to gain my life back.

With that, I realized I was no longer afraid,

Because I did remain whole;

Yet I will continue to always live with that fear.

That fear of breaking.